

ORDER & PAY FROM
YOUR TABLE.
WE'LL BRING IT
TO YOU!



JUST SCAN THE QR
CODE WITH YOUR PHONE
CAMERA OR VISIT
AVCMENU.COM/SANDS

SHARING

Herb & Garlic Bread	7.0
Add Bacon & Cheese	+2.0
Add Bruschetta	+2.0
Salt & Pepper Calamari (gf)	14.0
salad, lemon, aioli	
Gyoza	12.0
pork & prawn dumplings, soy, sweet chilli	
Spicy Korean BBQ Chicken Wings (500g)	14.0
Mushroom Arancini Balls (v)	16.0
truffle mayonnaise	
Nachos (v, gfo)	15.0
tomato salsa, jalapenos, sour cream, avocado, melted cheese	
Add Chilli Con Carne	+5.0

MAIN

Fish & Chips	23.0
beer battered Hoki, chips, salad, tartare, lemon	
Pork Baby Back Ribs (half rack)	25.0
chips, seasonal salad	
Fettuccine Carbonara	20.0
bacon, creamy garlic, parmesan	
Mum's Lasagna	22.0
chips, salad	
Pan Seared Tasmanian Salmon (gfo)	28.0
potato, green beans, bearnaise	
Prosciutto Wrapped Chicken Supreme (gfo)	28.0
creamy mash, green beans, spinach, baby carrots, bearnaise sauce	

PARMY PARADISE

ALL SERVED WITH CHIPS & SALAD

Chicken Schnitzel	22.0
Traditional Parmy	25.0
shaved ham, tomato, Napoli, mozzarella	
Aussie Parmy	26.0
bacon, caramelised onion, egg, BBQ sauce	
French Parmy	29.0
bacon, camembert, avocado, bearnaise	
Mexican Parmy	27.0
tomato salsa, onion, jalapenos, mozzarella, sour cream, avocado	
Italian Parmy	28.0
onion, pepperoni, olives, mozzarella	

LE GRILL

ALL SERVED WITH CHIPS & SALAD
+ YOUR CHOICE OF SAUCE

200g Rump	25.0
90 days grain fed, Royal, QLD	
250g Rump	28.5
120 days grain fed, Riverina, Southern NSW	
500g Rump	42.0
90 days grain fed, Royal, QLD	
200g Tenderloin	32.0
90 days grain fed, Royal, QLD	
Sauces (gf):	
gravy, red wine jus, dianne, pepper, bearnaise, mushroom, creamy garlic	

PIMP MY MEAL

Grilled Prawns (gf)	8.0	Surf & Turf (gf)	10.0
Salt & Pepper Calamari (gf)	7.0	grilled prawns & calamari	
Battered Onion Rings (v)	5.0	Lamb Kofta	9.0
Grilled Chicken (gf)	6.0	seasoned lamb with tzatziki	
		Pork Baby Back Rib	12.0
		half rack	

TOP ANYTHING & EVERYTHING!

BURGS & SANGAS

ALL SERVED WITH CHIPS
GLUTEN FRIENDLY BUNS +1.0

Steak Sandwich	19.0
bacon, caramelised onion, tomato, lettuce, fried egg, BBQ sauce	
Beef Burger	18.0
beef patty, tomato, lettuce, caramelised onion, cheese, pickles, special sauce	
Southern Fried Chicken Burger	18.0
red cabbage slaw, lettuce, pickles, jalapeno, cheese, special sauce	
Arancini Burger (v)	20.0
mushroom arancini patty, tomato, lettuce, red cabbage slaw, pickles, cheese, special sauce	
The Boss Beef Burger	26.0
beef patty, bacon, lettuce, tomato, caramelised onion, pineapple, fried egg, cheese, pickles, special sauce	
Fish Burger	18.0
beer battered Hoki, cheese, lettuce, cucumber, red onion, tartare	

SIDES

Chips (v, gfo)	7.0
gravy or aioli	
Add Bacon & Cheese	+2.0
Seasonal Mixed Vegetables (v, gfo)	8.0
Mashed Potato (v, gfo)	5.0
Seasoned Wedges (v)	10.0
sour cream, sweet chilli	
Add Bacon & Cheese	+2.0
Garden Salad (v, gfo)	6.0
lettuce, red onion, tomato, cucumber, carrot	

SALAD

Caesar (gfo)	18.0
cos lettuce, bacon, egg, parmesan, croutons, anchovies	
Greek (v, gf)	18.0
tomato, cucumber, red onion, olives, roasted capsicum, fetta, oregano	

PIZZA

GLUTEN FRIENDLY BASE +1.0

Hawaiian	18.0
shaved ham, pineapple, mozzarella	
Pepperoni	18.0
mozzarella	
Margarita (v)	15.0
tomato, basil, bocconcini, mozzarella	
Meat Lovers	20.0
bacon, pepperoni, ham, steak, onion, mozzarella	
Smoked Salmon	20.0
garlic cream, spinach, red onion, baby capers, dill, smoked salmon, mozzarella	

DESSERT

Super Sundae	15.0
loads of ice cream, lollies, wafers, chocolate fudge sauce, fairy floss	
Sticky Date	10.0
whipped cream, strawberries, caramel sauce	
Chocolate Fudge Brownie (gf)	10.0
whipped cream, strawberries, chocolate sauce	
Churros	10.0
whipped cream, strawberries, chocolate fudge sauce	

(v) vegetarian
(vo) vegetarian option
(vg) vegan
(vgo) vegan option
(gf) gluten friendly
(gfo) gluten friendly option

Sands Tavern is pleased to offer a variety of gluten friendly (ie low gluten) options but we are not a gluten-free venue and cannot ensure that there will not be traces of gluten. These options would not be suitable if you suffer a related allergy. Please advise staff of any allergies prior to placing your order.

All card transactions incur a service fee: VISA 0.9%, Mastercard 1.1%, American Express 1.3%
Mr Yum mobile ordering fee free.

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